

Encouraging Practice

Tips for Parents/Guardians

- Set a regular schedule if possible.
- Short fun sessions. Practice needs to be fun, the younger the child the shorter the attentions span. Quality practice for 10 mins more effective than longer sessions.
- Parents need to be supportive and encourage their child even if they make mistakes. Positive reinforcement can boost their confidence and motivation.
- Use rewards could be something simple such as extra playtime, a treat, sticker chart.
- Practise with them. your involvement can make it a bonding experience.
- Variety in practice.
- Ask them to play old pieces to you. Ask them to give a zoom concert for their grandparents/friends.
- Make sure you read your child's practice diary.
- Encourage your child to join a music group, there are plenty of MMF instrumental ensembles and choirs.
- Patience and persistence.
- Understand that progress might be slow at times and there maybe periods of frustration. Stay patient and remind your child of their achievements.
- Make it fun, use games, music related apps to make practice fun.
- Encourage your child to listen to music related to the piece they are playing.
- Remember the key is to make practising an instrument positive and enjoyable. Tailor practise to your child's age.