

Unlocking Music

Guide to COVID-Safe Instrumental Lessons for Parents/Guardians and Pupils



Wash Your Hands

Before and after your lesson



Stay Apart

Always keep 2m away from your tutor

Before and After Your Lesson

- You must **wash your hands** for at least 20 seconds with soap and water or sanitise them with hand gel before and after every lesson.
- Remember: If you need to sneeze; '**Catch It, Kill It, Bin It**' – make sure you have tissues with you!

During Your Lesson

- It is important that you and your tutor **remain socially distanced**. Your tutor will stay 2 metres away at all times, please support them with this. Your tutor might wear a mask or other protective equipment like a face shield. You may wear a mask if you wish, but do not have to unless your school has told you to.
- Make sure you have all **your own materials** such as a pencil, practice diary and music books with you for every lesson.
- Your tutor will ask you to **write your own practice notes** in your diary, for younger pupils your tutor will email these to your parent/guardian.

[Read Our Full COVID-19 Risk Assessment Here](#)

If you or a member of your household has symptoms

If you or someone in your household develops any COVID symptoms or tests positive for COVID-19 follow your school's process and DO NOT attend your in-person music lesson. Don't worry, the lesson can be made up online.

Instrument-Specific Information

Wind & Brass

- Mouth-blown instruments must NEVER be shared.
- Brass players: during your lesson, you will be asked to make sure that you vent your water key onto an antiviral wipe or tissue and dispose of this safely at the end of the lesson. Your tutor will help with this.
- Parents/guardians should consider purchasing a [bell cover](#), especially for Trombone players.
- Take care not to spill water droplets when disassembling your instrument. Your tutor will have tissue and antiviral wipes on hand to help.
- Play/sing at a **soft dynamic** and make sure you are not directing airflow towards other people

Piano

- Be prepared to get up and move to the other side of the room if your tutor needs to demonstrate on the piano. The keyboard will be wiped down with antiviral spray before and after the demonstration.

Percussion/Drum Kit

- Remember to bring your own sticks to your lesson. Your tutor will have their own as well. You might need to move to the other side of the room while your tutor demonstrates. The drums will be wiped down with antiviral spray before and after the demonstration.

Strings/Guitar

- Your tutor will guide you to tune your instrument yourself as much as possible. If a larger tuning adjustment needs to be made your tutor will wipe down the touchpoints of the instrument before and after tuning.
- Guitarists: remember to bring your own footrest if possible. If you are using a shared footrest, avoid touching it with your hands

Questions

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